Soldiers in the Spirit

A message from Sister Klinedinst · Ephesians 6:10-18

Read it. Talk about it. Live it.

Based on the Sermon by Sister Klinedinst

Overview

This sermon centered on the call to spiritual warfare, the power of faith and prayer, and four specific spirits that hinder believers from walking in their full anointing and calling. Sister Klinedinst challenged the congregation to identify the spiritual battles they face, fight them with the weapons God has provided, and press forward in faith regardless of circumstances.

Key Takeaways

1. You Are a Soldier Believers are not passive recipients of whatever life brings. God calls each of us to actively engage in spiritual warfare, not against people, but against spiritual forces that oppose God's purposes in our lives.

2. Four Spirits That Hinder God's People Sister Klinedinst identified four specific spirits the Lord laid on her heart for this congregation:

- Spirit of Fear
- Spirit of Intimidation
- Spirit of Despair
- Spirit of Sabotage

3. Prayer and Fasting Are Non-Negotiable Weapons Some breakthroughs only come through sustained prayer and fasting. God is calling His church back to these disciplines as a means of accessing what He has already prepared for His people.

4. Small Beginnings Are Still Beginnings The size of a gathering, a ministry, or a moment does not determine its spiritual significance. What God plants in a small group of faithful people can grow into something that impacts an entire city.

5. Your Gifts Are Your Weapons The same gifts that have made you a target are the same gifts God will

use to bring you through. Do not abandon what God has placed in you because the enemy has attacked it.

Discussion Questions

OPENING QUESTION

Go around the group and share one word that describes how you feel when you face a challenge that seems bigger than your ability to handle it.

SECTION 1: RECOGNIZING THE BATTLE

1. Sister Klinedinst described her experience on the road as a spiritual battle, not just a practical inconvenience. How do you typically respond when things go wrong? Do you tend to look for practical explanations first, spiritual ones, or both? What shapes that tendency?
2. Ephesians 6:12 reminds us that our struggle is not against flesh and blood but against spiritual forces. In what areas of your life have you been fighting the wrong enemy, directing frustration at people or circumstances when the real battle was spiritual?
3. Sister Carolyn shared that faith is an action word. She described heeding the words of others, attending services she was not sure she could commit to, and continuing to believe for family members who are not yet in church. What does active faith look like in your current season?

SECTION 2: THE FOUR SPIRITS

Work through each of the four spirits below. For each one, discuss the reflection question as a group.

Spirit of Fear

Reflection: Fear often masquerades as wisdom or caution. It tells us to wait, to hold back, or to prepare more before stepping out. Can you identify a specific area where fear has kept you from moving in what God has called you to do? What would it look like to take one step forward in that area this week?

Spirit of Intimidation

Reflection: Sister Klinedinst asked a keyboard player to stand up and declare aloud, "I am anointed. I am called of God." How difficult is it for you to make that kind of declaration about yourself? What voices, experiences, or comparisons have contributed to a sense that you are not qualified or capable enough to be used by God?

Spirit of Despair

Reflection: Sister Carolyn shared that she has prayed for her daughter for years and has accepted that she may not see the answer in her lifetime, yet she continues to believe. Have you ever reached a point of despair over a situation you have been praying about for a long time? What has helped you continue, or what do you need from this group to help you press on?

Spirit of Sabotage

Reflection: Sister Klinedinst described a pattern where promises were made and then did not come through, opportunities appeared and then disappeared, and blessings seemed to be redirected elsewhere.

Have you experienced something similar? How did you process it spiritually? What does it look like practically to pray against this spirit in your own life?

SECTION 3: WEAPONS OF WARFARE

1. Sister Klinedinst mentioned several spiritual weapons available to believers, including prayer, fasting, anointing oil, scripture, praise, and worship. Which of these do you use most consistently? Which do you rarely or never use? What is one weapon you could begin incorporating more intentionally?
2. She described praying over her home and anointing it, and encouraged believers to do the same in their own spaces. James 5:14-15 speaks to anointing in the context of prayer and healing. What is your level of comfort with this kind of active, physical expression of prayer? What would it take to grow in that area?
3. Sister Klinedinst said that some things only come through prayer and fasting, referencing the principle found in Matthew 17:21. What is something in your life or in this church that you believe requires that level of spiritual investment? What would it look like for this group to fast and pray together over it?

SECTION 4: IDENTITY AND CALLING

1. Sister Klinedinst encouraged believers to look in the mirror daily and declare, "I am anointed. I am called of God. And God is going to use me no matter what my past looks like." How does your internal dialogue about yourself compare to how God speaks about you in scripture? What declarations do you need to begin making over your own life?
2. She spoke about small things growing up, and described the people in the room as the core, the leaders, the ones from whom something will go out. How do you see yourself in relation to the mission of your church? Do you see yourself as a core contributor or more as an observer? What would it take to shift that perspective?

Practical Applications

Choose at least one of the following to put into practice before your group meets again.

Daily Declaration Each morning this week, stand in front of a mirror and declare aloud that you are anointed, called, and that God will use you. Note how it feels on day one compared to day seven.

Identify Your Spirit Prayerfully consider which of the four spirits, fear, intimidation, despair, or sabotage, most frequently hinders you. Write it down. Spend time each day this week specifically praying against that spirit by name and replacing it with a corresponding truth from scripture.

Pray Over Your Home Set aside time this week to walk through your home, your workplace, or another significant space in your life and pray over it. Ask God to consecrate it and push back anything that does not belong there.

Begin a Fast Start small if needed. Choose one day this week to fast a meal or give up something meaningful to you. Use that time intentionally for prayer. If your group is willing, consider doing this together and sharing what you experience.

Write Down a Word If God has spoken something to you, whether through this sermon, through a

previous word given to you, or through your own prayer time, write it down with the date. Place it somewhere you will see it regularly. Commit to praying over it rather than dismissing it because time has passed.

Encourage Your Pastor In honor of Pastor Appreciation Month, take a specific, tangible step to encourage your pastor and pastor's wife this week. A handwritten note, a meal, a phone call, or a gift are all meaningful. Do not let the moment pass without acting on it.

Closing Prayer Points

Close your group time by praying together over the following:

- Bind the spirit of fear, intimidation, despair, and sabotage over every person in the group by name
- Ask God to restore or strengthen the prayer and fasting disciplines of each member
- Pray for the families represented in the group, particularly those with unsaved spouses or children
- Ask God to release the full anointing and calling on each person present
- Pray specifically for your church, its pastor and pastor's wife, and the mission God has given this congregation in your city

For Further Study

- Ephesians 6:10-18 on the armor of God and the nature of spiritual warfare
- Matthew 17:14-21 on the role of prayer and fasting in breakthrough
- James 5:13-16 on prayer, anointing, and healing
- Hebrews 11 on the nature and examples of active faith
- Matthew 18:3 on the humility and dependence of childlike faith

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